

# JUICE & SMOOTHIE

# MENU



The  
Green

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ORGANIC  
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Natural FRESH  
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Natural FRESH  
ly grown  
all natural  
ORGANIC

Small \$6.50

## Fresh Squeezed Juices

Large \$8.50

1. Apple
2. Strawberry Cooler: strawberry, blueberry, apple, orange
3. Carrot Orange
4. Sunshine Lunch "apple with strawberry"
5. Carrot & Ginger
6. Passion Fruit "strawberry, pineapple, banana, orange"
7. Bunny Delight "carrots, kale, celery, lemon"
8. Visual Sensation "carrots, kale, lemon"
9. Potassium Booster "spinach, parsley, celery, carrots"
10. Energy "carrots, parsley"
11. Blood Builder "carrots, celery, beets"
12. Morning Glory "carrots, tomatoes, celery"
13. Blood Shot "apples, oranges, carrots"
14. Florida Cooler "orange, lemon"
15. Lemonade "apples, lemon"
16. Drunken Sailor "orange, carrots, beets"
17. Super Foods "cucumber, celery, spinach, kale, lemon, ginger"
18. VFG Strong "apple, pear, spinach, kale, ginger, banana"
19. Asparagus with carrot
20. Vegetable Garden "carrots, celery, tomato, basil"

Wheat Grass Shots Single \$3.50 Double \$6.00



Build your own: \$5.99 each

## Smoothies

Choose your fruit: strawberries, watermelon, blueberries, raspberries, bananas

Choose your liquid: non fat frozen yogurt, coconut water, coconut milk, soy milk

Choose a base: peanut butter, greek non fat yogurt

Choose an add on: chia seeds, flax seed oil, coconut oil, pure organic honey

Add a protein booster \$1.00

Strawberry, oatmeal breakfast smoothie \$5.99

- Fresh strawberries and oatmeal

Blueberry brain boost \$5.99 ea

- Green apple, banana, blueberries and raspberries

Watermelon Agua Fresca \$5.99 ea

- Watermelon, strawberries, agave nectar, lemon juice and sea salt

Energy smoothie \$6.99 ea

- soy milk, greek plain yogurt, bananas, strawberries, flax seed, organic honey and protein powder supplement

Peanut Butter, banana smoothie \$5.99 ea

- Soy milk, banana, peanut butter and organic honey

Strawberry, banana, peanut butter smoothie \$5.99 ea

- Soy milk, bananas, strawberries, peanut butter and organic honey